

Stammering



Stammering usually involves prolongations and repetitions of sounds and syllables, or hesitations or blocks when trying to say words or sounds. For example, a person who stammers may know what they want to say but have trouble saying it.



Stammering and Stuttering mean the same thing.

8% of children across all ethnicities in the world are affected by stammering.

60% of people who stammer have a relative who stammers or used to stammer.



There is no link between stammering and personality or intelligence.

Stammering is variable

People can stammer less on some days and more on others. They might also have periods in their life when they stammer less, and periods when they stammer more.

Stammering is an invisible disability

MEN



are more likely to stammer than women.

Stammering in children often starts between the ages of 2-5 years old.



1 IN 100
ADULTS
stammer

Choosing to wear the Sunflower indicates that you, or someone with you, has a non-visible disability and may need additional support or simply a little more time.

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