



Social Support and Friendship

MEMORY WALK 2019

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| <i>When?</i> | Sunday 29th September 2019 |
| <i>Where?</i> | Birkenhead Park |
| <i>Why?</i> | In memory of those with dementia |

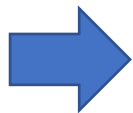
This is our second annual fundraising WALK to help remember those people with dementia, and their carers past and present. You are invited to join us in raising awareness and funds to assist others at our future events.

Start and finish is at the Visitor Centre, Birkenhead Park reporting at 10.30am for 11am start. Water will be provided.

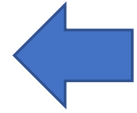
There is a choice of round-trip walks:

- The shorter walk is approximately 1¹/₂ miles
- The longer walk is approximately 3 miles

All are welcome, the routes are relatively flat and are wheel-chair, buggy, pram, and pet friendly. But, of course, all is weather dependent!



To register, and to obtain sponsorship forms,
please visit our website or call:



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