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This information is also available in other languages, please contact a member of staff for details.



Wirral University Teaching Hospital NHS Foundation Trust operates a No Smoking Policy. Please refrain from smoking on site.

Your Inpatient Stay

Information Leaflet

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Your hospital stay

We want your stay in hospital to be as safe and comfortable as possible. This leaflet sets out what to expect while you are in hospital.

- You may be asked to wear a face mask whilst in hospital.
 This can be dependent on the area in which you are being cared for and your own needs and preference
- Please wash or gel your hands regularly, avoid touching your eyes, nose and mouth as much as possible
- It is in your best interest and for your safety, to stay on your allocated ward at all times during your stay
- If you smoke, we can help you to stop with nicotine replacement therapy. Please ask a member of staff who will support you with this

Visiting

Visiting is permitted. We request that visitors are kept to two people per patient at any one time. On most wards there is no need to book in advance of the visit, but please ask your relative to check with the ward first.

Please don't encourage your relatives to bring in any food as this is a safety risk to your health and that of others. Please speak to a member of staff if you have specific dietary needs.

Alternatively, please ask a member of the ward staff who can arrange to have a telephone or video call for you.

Being open and honest

During your stay, we will endeavour to keep you safe. However, while you are in hospital, there is a risk of you acquiring other infections, including COVID-19. You may then require further testing and treatment. Therefore, we will support you to get home as soon as possible.

Ready for home

If you have been in hospital for a long time, the team caring for you may agree that you no longer need hospital care after your illness, and it would be safe for you to be discharged from hospital to continue your recovery.

However, your discharge date may be prolonged if you are waiting for a package of care or a care home placement.

Whilst you are waiting to be discharged your personalised care plan may change. This will include the frequency that you are reviewed by a doctor. During this period you will be allocated a lead professional to co-ordinate your care and discharge. In most instances this will be a nurse or therapist who will keep you and your relatives informed.

You may move beds either to a different ward or different part of the ward that you are currently on. Please be assured that, if, while you are awaiting discharge any signs that you are becoming unwell will be acted upon.

Thank you for your cooperation.