

Date: 8th January 2026

Make 2026 Your Year With the Wirral Coaching Hub

As a new year begins, many colleagues use this moment to pause and consider what they want to achieve in 2026. The Wirral Coaching Hub exists to support exactly that process, offering an accessible route into accredited coaching for colleagues across both WCHC and WUTH.

Coaching provides a confidential and supportive environment where you can reflect honestly, test new perspectives, work through challenges and build confidence in your decision-making, leadership approach or career direction. The Hub includes accredited coaches from across our organisations, giving coachees more choice and flexibility than ever before.



How to start your coaching journey:

- Visit the [NHS coaching and mentoring hub](#)
- Click Register as a Coachee
- Select the North West region
- Complete your coachee profile and choose Wirral Coaching Hub from the cohort assignment
- Once submitted, you will receive an automated email with your login details, allowing you to search for and connect with a coach immediately

Colleagues who have taken part in coaching through the Hub shared:

“Coaching has been a life-changing experience for me. My coach was outstanding and I would highly recommend coaching to all staff.”

“Coaching helped me explore my career path, build confidence and set meaningful goals for the future. The impact on my role and my team has been significant.”

“It supported me to grow my confidence as I developed in my role, helping me shape my leadership style and reflect on my strengths.”

For further details, guidance, or to learn more about coaching and mentoring at WUTH, please visit the [Coaching and Mentoring section of the staff intranet](#) or the WUTH Harnessing Talent webpages.

The team can be contacted via wuth.coachinghub@nhs.net for any support with registration or coach matching.