

Date: 19th March 2026

Managing Challenging Behaviour training - Additional dates released

Managing challenging behaviour safely and effectively is an essential clinical skill, not only for personal safety, but for maintaining high quality care for our service users.

To support staff in this area, we are pleased to confirm additional dates from April to July for the two day Managing Challenging Behaviour training course.

The course is particularly important for Registered Nurses, Allied Health Professionals and Clinical Support Workers who may encounter distress, aggression or violence in the workplace. It is designed to provide the practical knowledge, confidence and competence needed to respond professionally and safely in higher risk situations.

Delivered by external specialist provider IKON, the fully funded, industry certified course meets recognised standards and best practice. It equips staff with essential skills to identify early warning signs and escalating risk, prevent and de-escalate challenging or aggressive behaviour, apply safe and lawful interventions when necessary, protect staff, patients and visitors from harm, and reduce incidents, injuries and workplace stress.

These are core competencies for safe clinical practice and support both staff wellbeing and patient safety.

Training details are as follows:

- Duration: Two-day face to face course
- Time: 9.30am to 4.30pm each day
- Location: Manual Handling and Clinical Skills Training Room, first floor, Clatterbridge Hospital main building

Additional course dates are:

- Thursday 23rd April and Friday 24th April
- Wednesday 6th May and Thursday 7th May
- Wednesday 20th May and Thursday 21st May
- Wednesday 3rd June and Thursday 4th June
- Wednesday 17th June and Thursday 18th June
- Wednesday 1st July and Thursday 2nd July

To book a place for yourself or a member of your team, please email wuth.positivebehaviour@nhs.net and include name, job title and area or ward.

Places are limited and will be allocated on a first come, first served basis.