

Stroke Awareness Month – May

Its Stroke Awareness month [#MakeMayPurple](#).

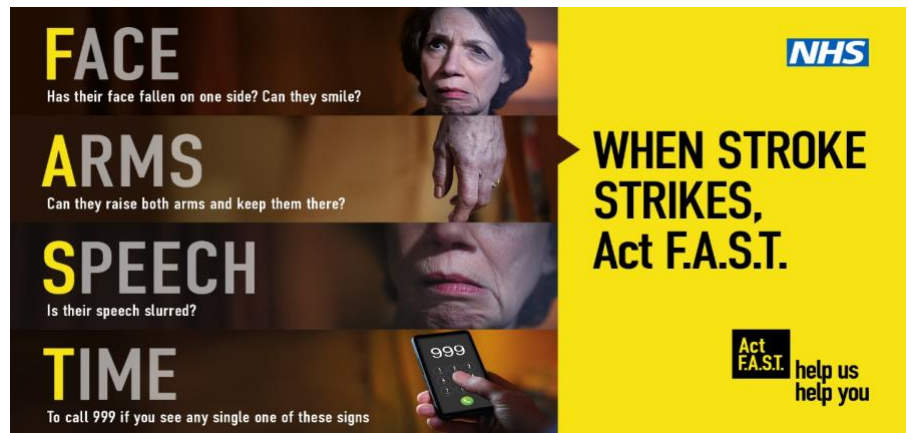
Every day in May, 240 people will face the life changing effects of a stroke.

Did you know?

- There are more than 100,000 strokes in the UK each year
- There are over 1.3 million stroke survivors in the UK
- Almost two thirds of stroke survivors leave hospital with a disability
- Every 2 seconds someone in the world has a stroke
- Stroke is the 4th biggest killer in the UK
- The typical patient loses 1.9 million neurons each minute, when stroke is untreated

Different Types of Stroke:

- Transient Ischaemic Attack – TIA
- Ischaemic stroke
- Haemorrhagic (bleed) stroke



Act FAST:

Some people who have suffered an ischaemic stroke are eligible for a clot-busting drug (thrombolysis). This drug aims to disperse the clot and return the blood supply to your brain. Thrombolysis can break down and disperse a clot that is preventing blood from reaching your brain.

Thrombectomy is a treatment that physically removes a clot from the brain. It usually involves inserting a mesh device into an artery in your groin, moving it up to the brain, and pulling the clot out. It only works with people where the blood clot is in a large artery.

Like thrombolysis, it has to be carried out within hours of a stroke starting. Only a small proportion of stroke cases are eligible for thrombectomy but it can have a big impact on those people by reducing disability.

EVERY SECOND COUNTS!

Risk Factors for Stroke:

- High blood pressure
- High cholesterol
- Atrial Fibrillation (irregular heart rhythm)
- Smoking
- Alcohol
- Diabetes
- Obesity



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