

**Date: 21<sup>st</sup> May 2026**

### **Next Well WUTH/WCHC return to work programme begins in June**

The next cohort of the Well WUTH/WCHC return to work programme will begin on Friday 26<sup>th</sup> June at Victoria Central Hospital.

The four-week programme is designed to support colleagues in their recovery and return to work by providing practical tools, tailored guidance and wellbeing support to help rebuild confidence and re-engage with the workplace.

The programme offers a holistic approach to supporting staff from week five of absence onwards, helping colleagues achieve a supported and sustainable transition back to work.

Sessions will take place from 10am to 3pm in Training Room 5, Albert Lodge, Victoria Central Hospital on the following dates:

- Friday 26th June
- Friday 3rd July
- Friday 10th July
- Friday 17th July

The programme continues to support colleague wellbeing across both organisations by offering practical support in a safe and supportive environment.

