

Clinical Trials Day – 20th May 2026

Yesterday was International Clinical Trials Day and our Research Team held an information stand in the foyer of Arrowe Park Hospital, talking to staff, patients and public about opportunities to be part of research.

Celebrated globally, Clinical Trials Day honours the vital research and healthcare workers that make new medicines possible. It commemorates 20th May 1747 when Scottish naval surgeon James Lind conducted the first randomised clinical trial which successfully proved that citrus fruits could cure scurvy, laying the foundation for modern, evidence-based medicine.

Clinical trials help achieve advancements in healthcare, and give patients access to pioneering treatments.

As a research-active trust, we have almost 50 clinical trials running across many of our departments. At our dedicated Wirral Research and Innovation Centre in Clatterbridge, we have a specialist facility built to support this vital work. Our goal is to improve healthcare for the people of Wirral.

We would like to say a huge thank you to all the staff who support clinical trials at WUTH, whether as part of the Research Team or a member of a specialist team in roles such as Principal Investigator, Research Champion or other members of staff who provide support. Your willingness to go above and beyond for our patients is greatly appreciated.



Photo: Some of our Research Team - from left: Julie Lavin, Karl Hunter, Anne Reddington and Venetia Johnson



Photo: Venetia Johnson, Stroke Research Nurse