

Article date: 28th May 2026

Zaeem Mahmood appointed as new Resident Doctor Peer Lead

We are delighted to announce the appointment of Zaeem Mahmood, IMT3 as our new Resident Doctor Peer Lead, taking over from Tracey Livingstone.

The Resident Doctor Peer Lead role was introduced in direct response to [NHS England's 10 Point Plan](#), which sets out ten commitments to improve the working lives of the 75,000 resident doctors across the NHS, getting things right on issues such as rota management, annual leave, exception reporting, and wellbeing. Zaeem (pictured right) will work closely with Dr Nikki Stevenson, Chief Medical Officer and Board Lead for Resident Doctor Experience (pictured left). Together, they will ensure resident doctors' voices are heard at board level, and that WUTH continues to build the strong, transparent, and accountable systems of support the 10 Point Plan demands of all NHS trusts.

The Trust is committed to delivering on all 10 areas of the plan, including enhancing wellbeing, improving working environments, ensuring fair and equitable access to annual leave, strengthening exception reporting, and reducing the pressures associated with training rotations.



Zaeem said:

"I'm delighted to have been appointed as Resident Doctor Peer Lead. I genuinely believe the 10 Point Plan will make a meaningful difference to the wellbeing and day-to-day experience of resident doctors, and I'm keen to play an active part in continuing to deliver that at WUTH.

"One of my priorities will be promoting the new exception reporting reforms and helping to foster an even more open culture around exception reporting. The new national framework simplifies the process and ensures doctors are fairly compensated for additional hours worked, and I think encouraging resident doctors to use it is a vital part of making our working environment safer and fairer.

"I'm also particularly focused on ensuring resident doctors take their full annual leave entitlement. Being able to properly switch off and recharge is essential, especially given the demands of a busy clinical role, and I look forward to working with the Chief Medical Officer and teams across the Trust on this."

Zaeem can be contacted at zaeem.mahmood2@nhs.net.