

Date: 10th August 2026

How Do You Respond to Change? Join Our Leadership For All Masterclass

Change is something we all experience, both in and outside of work, and we can each respond to it in different ways.

Understanding our own response to change, recognising how it can affect us and considering what helps us navigate periods of uncertainty can be incredibly valuable.

With colleagues across WUTH and WCHC currently experiencing a period of organisational change as our two Trusts continue to come together, this week's Leadership For All Masterclass - Noticing Change: In Yourself, In Your Team, In the Room provides a timely opportunity to explore this further.



Taking place this Wednesday (12th August), from 1.30pm to 3.30pm, the session will be led by Mark Green, Strategic Advisor, Leadership and Team Effectiveness Specialist and Coach, and is open to all colleagues across WUTH and WCHC.

What is the masterclass about?

The masterclass will explore how we experience and respond to change, both individually and alongside the people we work with.

During the session, colleagues will have the opportunity to:

- Recognise their own psychological response to change
- Understand psychological safety as a foundation for navigating change well
- Notice the signs that a colleague or peer may be finding change difficult

Whether you are experiencing change within your own team, your role or as part of the wider changes across WUTH and WCHC, the session will offer practical insight to help you better understand your own responses and recognise how those around you may be experiencing change differently.

Click [here](#) to learn more about Mark Green.

Click [here](#) to view the poster.

Join the masterclass

The session is open to all WUTH and WCHC colleagues, regardless of role or level, and you can attend either in person or online.

- Date: Wednesday 12th August
- Time: 1.30pm to 3.30pm
- In person: Lecture Theatre, Education Centre, Arrowe Park Hospital
- Online: MS Teams

Book your place

Places can be booked online through ESR. Please log into ESR to view the available class and enrol.

- WUTH staff - click [here](#) to book
- WCHC staff - click [here](#) to book

All colleagues are encouraged to attend and take advantage of this opportunity to reflect on change, better understand their own responses and consider how we can support ourselves and each other through periods of change.