

Arrowe Park Abseil

Terms and Conditions

All abseil bookings are sold subject to these terms and conditions.

These terms and conditions are important to your Arrowe Park Abseil. Please read these terms and conditions carefully prior to registering and raise any queries.

No booking shall be deemed to be accepted unless accepted in writing (including booking confirmation).

Full payment and minimum funds raised must be achieved prior to the abseil.

1. Your booking

Please check your details upon receipt of your confirmation. Mistakes may not always be able to be rectified if not addressed immediately.

2. Requirements to abseil

Each participant must be aged 12 years or over. Consent will need to be given by a parent or guardian for anyone 16 or under.

Due to the abseil requiring safety equipment, each participant must be

- 12 years or older
- Able to wear a harness which has a maximum width waist of 150cm (size adult XL).
- If you do not meet these criteria, you will not be allowed to abseil.
- The abseil is not suitable for anyone who is pregnant.

3. Alcohol and substances

Abseilers must not be under the influence of alcohol or legal or illegal substances which would make it unsafe for them to participate in the abseil or to understand the instructions given by the abseil instructors.

You will not be allowed to participate if we suspect that you are under the influence of alcohol or substances which we believe would make it unsafe for you to abseil. No refunds will be given in this case.

4. Physical Requirements

Abseiling down Arrowe Park Hospital requires some physical exertion to complete the descent.

You will be responsible for following the instructions given to you during your safety briefing.

The forces exerted during the abseil may activate or aggravate pre-existing physical injuries, conditions and symptoms. We shall not have liability for the activation or aggravation of any such injuries, conditions, symptoms.

You are responsible for ensuring that you are in a fit state to participate in the abseil and are able to participate in a manner which will not put at risk your health & safety or the health and safety of bystanders and agree that you have made all adults in your booking aware of the same. Please note a minimum ascent of one flight of stairs will be required.

We do not recommend the abseil to anyone with vertigo. We are unable to advise you on medical conditions so if you are in any doubt as to whether or not you are fit to take part we would advise you to consult with a medical professional.

It is your responsibility to notify us in advance of placing your booking of any special access requirements you may have.

If you have any conditions or concerns that may impact your ability to safely complete the abseil which you have not notified us of in advance, then you should notify us on the day of your visit. We will use reasonable endeavours to make arrangements to facilitate your abseil, however, taking into account your health and safety and of those around you we reserve the right, without refund, to refuse permission to participate in the abseil if we believe that it would jeopardise your health & safety or that of other participants.

5. Arrival

Please arrive at least 15 minutes prior to the time of your abseil. We aim to have you abseiling approximately 30 minutes after your arrival, however this is not guaranteed. Delays may occur due to a change in weather conditions or the speed at which people descend as this varies from person to person.

Please allow sufficient time to find a car park space

Arrowe Park Hospital is an extremely busy site with significant works currently being carried out.

There is a constant flow of traffic including emergency vehicles. Access to entrances / roads must not be restricted. When entering the site and approaching the abseil designated area, please be aware of your surroundings and of others. Please use designated pedestrian access (pavements and zebra crossings). Marshals will be on hand to direct safe movement in the immediate activity area.

6. The Abseil

Weather

WUTH Charity / the Trust will use reasonable endeavours to ensure that the abseil goes ahead. However, we reserve the right, in our absolute discretion, to cancel the abseil whether for safety reasons or otherwise, including, without limitation, as a result of weather conditions or other reasons of Force Majeure. A decision to cancel the event due to weather conditions on the day of the event may be imposed by Adventure Days Ltd the abseil instructors.

During the abseil

You will not be permitted to take any loose items with you on the abseil.

Long hair must be tied back by an elasticated hair band and not with any item which could cause harm or injury if it were to fall off during the abseil.

This is an outdoor activity, please dress according to the weather. Fancy dress is permitted in certain circumstances. Please note that outfits should not be loose or baggy so that they can get caught in the abseil equipment and cause a safety issue. Please contact for advice if you are unsure. No capes may be worn whilst taking part in the abseil.

You should wear closed toed footwear with flat rubber soles such as trainers, sport and hiking shoes and not shoes with heels.

7. Behaviour

Spectators are welcome but please advise them that this is a busy hospital and that we need to be considerate to our patients. Please keep noise to a minimum, use the litter bins provided and follow instructions from our marshals.

You will not cause any nuisance, distress, annoyance, fear or concern to any member of staff, other abseiler or visitor to the hospital by your acts or omissions. Any persons acting in breach of conditions will be immediately asked to leave the site.

You will handle all equipment solely as directed by the abseil instructors (Adventure Days Ltd) and you will not remove or interfere in any way with the equipment after it has been fitted by the abseil instructors. If you wish to make adjustments to the equipment you must notify the abseil instructor who will be able to assist you.

In case of emergency please follow instructions and directions from the instructors.

8. Photography and recording

All participants are welcome to take photos of their friends and family members with their permission. If photo consent is ticked on the *Media Consent Form*, then photos may be used as promotional material on WUTH Charity social media or future events. CCTV is in operation at Arrowe Park Hospital; however this is purely for general security reasons.

Participants will not be allowed to take their cameras or phones on the abseil; however spectators can take photos from the viewing area.

9. Refunds and Cancellations

Abseil bookings are subject to a £10 non-refundable charge for each individual slot.

We reserve the right, in our absolute discretion, to close the abseil whether for safety reasons or otherwise, including, without limitation because of extreme weather conditions or other reasons of Force Majeure, and with or without prior notice to close the Arrowe Park Abseil or any part of it.

Refunds will not be refunded where: Admission had been refused, you have been ejected and/or the abseil has been closed due to:

Your acts or omissions. (ii) Your failure to adhere to or meet the requirements set out in the terms and conditions. (iii) Breach the terms and conditions or your failure to adhere to the safety rules and policies given to you by our abseil contractors. (iv) You are late for your abseil. (v) You having special access requirements of which you failed to notify us in advance and we are unable to accommodate your requirements on the day of your visit and we reasonably believe that to allow you to participate would jeopardise your health and safety or that of other abseilers. (vi) You decide you do not wish to participate in the abseil due to the weather, where the Arrowe Park Abseil is open. (vii) You change your mind about taking part in the abseil once you've arrived (viii) Any other grounds where we have previously set out that a refund will not be made.