**Support Services**

**Luncheon Clubs** [**http://www.carechoices.co.uk/luncheon-clubs/**](http://www.carechoices.co.uk/luncheon-clubs/)

**AA** [**http://www.alcoholics-anonymous.org.uk/members/Regional-&-Local-Websites/North-West-Region/Wirral-Intergroup/Meetings**](http://www.alcoholics-anonymous.org.uk/members/Regional-&-Local-Websites/North-West-Region/Wirral-Intergroup/Meetings)

**NA** [**http://www.mana-ukna.co.uk/resources/2016+04+Meetings+List.pdf**](http://www.mana-ukna.co.uk/resources/2016+04+Meetings+List.pdf)

**Tomorrows Women** [**www.tomorrowswomen.org.uk**](http://www.tomorrowswomen.org.uk)

**Spider Project** [**http://wirralwell.org/author/spider/**](http://wirralwell.org/author/spider/)

**Citizen’s Advice Bureau** [**www.askuswirral.org.uk**](http://www.askuswirral.org.uk)

**XRoads Recovery (abstinence based accommodation)** [**http://www.xroads.co.uk/about-us.html**](http://www.xroads.co.uk/about-us.html)

**Multicultural Centre** [**https://www.wmo.org.uk/**](https://www.wmo.org.uk/)

**Recovery Through Nature (abstinence based – part of Phoenix House) Eugene – 0776 834 7455**

**Advice Lines**

**Alcohol**

[**http://www.supportline.org.uk/problems/alcohol.php**](http://www.supportline.org.uk/problems/alcohol.php)

**Drugs**

[**http://www.supportline.org.uk/problems/drugs.php**](http://www.supportline.org.uk/problems/drugs.php)