

If you have any worries or concerns with regard to this appointment or you need to change the date and re-arrange, please contact the clinic as soon as possible on:

0151 604 7501

Wirral Booking Service

This leaflet is available in large print, Braille and on tape.  
Please contact Geoff Pennock on 0151 604 7289.



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Please refrain from smoking on site.

Author: C Cook/C Howard  
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Wirral University   
Teaching Hospital  
NHS Foundation Trust

# Baby Hip Clinic

# Fracture & Orthopaedic Clinic



Welcome

We would like to welcome you to the Orthopaedic Baby Hip Clinic, which is held every Thursday afternoon by Mr.N.K.Garg Consultant Orthopaedic Paediatrician, in the Orthopaedic & Fracture Clinic at Arrowe Park Hospital.

Your baby has been referred to this clinic for screening of their hips. This can be due to the following reasons:

- Your baby was a breech delivery.
- There is a family history of Congenital Hip Deformity.
- Your baby was found to have 'clicky' hips on examination after birth.
- Your baby was found to have uneven buttock creases.
- Your baby may have an unstable hip/s.

Clinic Location:

The Fracture and Orthopaedic Clinic is situated at the rear of the Maternity block, below the Education Centre. There are parking facilities opposite and around the clinic area at a charge of £2 per visit. Disabled parking spaces are also available.

What to expect at your appointment:

After you have booked your baby into the clinic, your baby and yourself will be called into Clinic Area 'A' to have an Ultra-Sound scan.

An Ultra- Sound scan is a safe, painless procedure that gives a clear picture of your baby's hip/s.

Your baby will be placed safely on a couch and we will ask you to remove your baby's nappy prior to the scan taking place.

A special Ultra-Sound gel will be applied to your baby's hip area and the scan will then be performed. This takes only a few minutes to perform and the results are immediate.

Your baby and yourself will then be taken to another cubicle to await examination.

During this time a member of the nursing staff will ask you a few questions to assist your consultant in his examination.

After the scan your consultant sees each baby individually and carries out a full, clinical examination of your baby's hips and back. At this time your baby will again be lying safely on a couch without their nappy.

Depending on the result of the scan and the consultant's examination, your baby, may, or may not require further treatment or further appointments. This will be discussed with you.

What to bring with you:

- Spare nappies and wipes. Baby changing facilities are available in the clinic in both the female and male public toilets.
- A bottle of feed in case your appointment is a little longer than expected.

May we take this opportunity to remind you that if you have other children to collect from school or nursery, alternative arrangements should be made to collect them in case your appointment runs longer than expected.